Education Programme

Body Science

This full day visit is designed to be cross-curricular, relevant to Science, History and Physical Education curriculums for KS1 and KS2.

Workshops

Curriculum Links

KS1
- Animals and humans.
- Similarities and differences between ways of life in different periods.
- Encourage pupils to lead healthy, active lives.

KS2
- Animals and humans.
- Extend pupils’ historical knowledge beyond 1066.
- Encourage pupils to lead healthy, active lives.

01 Food and Nutrition through History
Using the Museum’s extensive handling collection, this session will take pupils on a journey through the history of food. Pupils will focus on the five food groups and discover the health problems that a poor diet can cause. At the end of the session, pupils will design and take home their own plan for a healthy, balanced school lunch.

02 Bones and Movement
This session looks at local science hero John Ray and his work on classification using the skeleton and structure of different animals. From here we will explore bones, joints and movement, and the importance of nutrition and exercise to maintaining healthy bones and joints.

03 Victorian Versus Modern PE
Pupils will learn about the sort of activities that took place in Victorian PE lessons (Victorian Drill) and compare the effects these have on their heart rate compared to modern PE activities.

Lunch
We have indoor lunch facilities for schools to use.

Visit the Museum Shop
Don’t forget to tell us if you are planning on visiting the Museum Shop. Goody bags also available.